

# DELHEIM Worth the Journey

## **“Start of Harvest Festival” Grape Stomping Competition**

Each team must be made up of an even number of people – we recommend six. It’s hard work, so we would advise that you have teams of at the very least four, but the maximum is eight. You could recruit additional team members from fellow festival-goers on the day if necessary to make up numbers. If you have more than eight people in your group that want to participate, have those less fit be your supporters - remember there is also a prize for the most enthusiastic support team!

Each task has to be performed by two team members, and each member has to do at least one task.

Teams will be colour-coded, and coloured stickers provided for stomping teams and their supporters. Each team needs to try and get as many supporters as possible among the festival goers beforehand to wear their colour stickers and cheer them on.

The relay starts at the marked Start/Finish line.

**- 1<sup>st</sup> step:**

The first two team members run to fetch the barrel which is located just before the ditch, and roll it back to the finish line, where the other team members are waiting.

**- 2<sup>nd</sup> step:**

The second two team members then run across the plank over the ditch to where the two 20kg crates of grapes are located. Only one crate may be collected at a time. They bring the first crate back and tip it into the waiting barrel, then run back to fetch the second one to tip into the barrel.

**- 3<sup>rd</sup> step:**

The third two team members then get into the barrel barefoot and start stomping the grapes. Other members of the team may take over grape stomping duties, as long as there are always two team members in the barrel at any time.

**- 4<sup>th</sup> step:**

When the bell rings, time is up. All team members may help to pour the grape juice from the barrel through a strainer into measuring containers.

The team with the most juice at the end, wins.

There are prizes for the winning team as well as for the team with the most-spirited supporters.